



## FIRE AND LIFE SAFETY TIPS

Page 1 Flu Season

Page 2
False Alarms in cold weather

Page 2 Carbon Monoxide Alarms



Is your child's car seat properly installed? The MTFD offers free child safety seat checks. A trained technician will provide education and assistance on proper safety seat installation. By appointment only. Call 586-286-0027 to make your appointment.

# Flu Season

Millions of people get the flu every year. Flu season usually peaks between December and February, but significant activity can occur as late as May, according to the CDC. Over 200,000 people are hospitalized from flu related illness every year. Flu can kill:

Over a period of 30 years, between 1976 and 2006, estimates of yearly flu-associated deaths in the United States range from a low of about 3,000 to a high of about 49,000 people during the most severe season. (CDC) There is a vaccine that can prevent flu. While how well the vaccine works can vary, the benefits from vaccination are well documented. Studies show that flu vaccination can reduce flu illnesses, doctors' visits, missed work and school due to flu, as well as prevent flu-related hospi-

talizations and deaths.

## FEBRUARY 2018



# Who should be vaccinated? The CDC recommends that anyon

The CDC recommends that anyone over the age of 6 months should be vaccinated.

#### Who is most at risk?

Young children, pregnant women, people 65 and older and people with certain medical conditions, like asthma, diabetes or heart disease are most at risk and vaccination for people in this group is very important.

#### Where can I get a flu shot?

Use the HealthMap Vaccine Finder at http://vaccine.healthmap.org to find the nearest location where you and your family can get vaccinated.

#### Is the flu shot expensive?

No. Most health insurance plans cover the cost of recommended vaccines. If you do not currently have health insurance, the Macomb County Health Dept. charges \$20, or \$10 for children under 19 without coverage.





MACOMB
TWP. FIRE
DEPT. HAS
FREE SMOKE
DETECTORS
AVAILABLE TO
RESIDENTS.
Contact us at
586-286-0027
to inquire, or
email us at
fireprevention
@macomb-

mi.gov

### FALSE ALARMS DUE TO COLD WEATHER

When extreme cold weather strikes residents often call in with reports of smoke detectors sounding with no apparent cause.

Often, the cause is a buildup of condensation in the smoke detector. This occurs most often on the level of your home where your ceiling-mounted detector meets the attic space. If you have any question over the cause of a smoke detector activation, call 911.

If you need help installing or obtaining a smoke detector, call or email us: 586-286-0027 or fireprevention@macomb-mi.gov

### **CARBON MONOXIDE ALARMS**

Although it is important to have a working carbon monoxide alarm in your home at all times of the year, it is especially important during the winter months when gas appliances are used more frequently. Always keep a working carbon monoxide alarm in your home. If your detector activates, call 911 to have the Fire Department check for the presence of Carbon Monoxide, which is an odorless, invisible gas. Remember that the working life of a carbon monoxide alarm is 5-7 years at maximum.

